

CHEER CHEER CHEER CHEER
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LEADER

RIM YOUTH CHEER

2009

RESPONSIBILITIES & COMMITMENT

Please read and sign before filling out contract it is important you understand your responsibilities and commitments to the league, the total cheer team and your squad.

- 1. MANDATORY GAME TRAVEL:** Travel to all away games is mandatory! Mascots are not required to travel, but expected to be at all home games. Our away games this year will include; Big Bear, High Desert, California City, they could also include Bishop, or Kern Valley. Kick-Off Bowl is on August 22nd in Mammoth; **all** cheerleaders are required to be there. Competition (end of season) is to be announced and could be at any of the cities in our league including Boron, and Trona. Remember to check our website www.ryfl.org for all league information.
- 2. MANDATORY PRACTICE SCHEDULE:** Practices are mandatory! Being on time and ready for conditioning is mandatory! Summer; Monday thru Friday Aug 3th thru 14 and Monday Aug 17th thru Thursday Aug 20th. We will practice at LGE upper field from **4:30 – 7:00pm**. Beginning Sept 2nd (after Labor Day) practices will be from **5:00 to 7:00pm** 3 days (TBA) each week at RIM High School Field throughout the season. Practices may be moved inside do to weather conditions. The league reserves the right to change this schedule as deemed necessary.
- 3. ATTENDANCE:** As previously stated practices, games and being on time are mandatory. On Saturdays Cheerleaders will arrive one hour before game time no matter the location. If in fact there is an injury, or extended illness a medical excuse from a doctor is required. If injured you are expected to attend practices and games in support of your squad and to ensure you stay current on any changes that take place. You are *always* considered part of the cheer squad.
- 4. PAYMENT & REFUND POLICY:** The cost of cheer is \$250.00 per girl. Included in this price is a complete custom cheer uniform, liner, briefs, warm-up suit, pompoms, bows, bag, camp shorts, shirt, bag and bow. There will be no refunds given after June 5th, Cheer uniforms are custom ordered, once that order is in there is no changing it. Therefore we will not allow any refunds.
- 5. REQUIRED DRESS for Practice and Games;** NO JEANS OR PAJAMA PANTS will be allowed! Either your camp outfit (included with uniform pkg) or shorts, sweats, stretch pants. Tops should be t-shirts or tank tops prefer RIM colors; Navy, grey or white. Cheer shoes with socks will be worn at all times, no street shoes or flip flops allowed. During cold weather sweatshirts gloves and beanies are allowed at practices. We do take weather into consideration.

- 6. PERSONAL GROOMING For Practice and Games:** Hair must be worn away from the face; this includes bangs. No jewelry of any kind allowed during anything connected with cheer. (ears, facial, stomach, ect..). All nails must be short and not a distraction. Participants are not allowed to wear false nails of any kind, no polish allowed at games or competitions. Light and tasteful make up and clear lip gloss only, age appropriate and at the discretion of the coach and or Cheer director. Coaches will give a hair call for each game, letting the girls know how their hair is to be worn.
- 7. PERSONAL BEHAVIOR:** You will be kind to everyone. There is no room for personal conflicts. Do not bring them to practice or events. Remember this is a youth league so age appropriate behavior is expected. No boyfriend behavior (holding hands, kissing ect.) will be tolerated. There is a NO SMOKING POLICY on the campus of Rim High School, so no coaches, parents and or young people are allowed to smoke on school property this includes the stands and the parking lot. Also alcohol consumption is forbidden on any school campus. This will be strictly enforced by RYFL league and cheer staff. Proper language is expected, no swearing, verbal and or physical fighting will be allowed.
- 8. TEAM SPIRIT AND SUPPORT:** It is the Cheer squads purpose to promote and uphold team spirit and demonstrate good sportsmanship in all aspects we may encounter. All cheers and chants shall be of a positive and sportsmanlike manner. As a cheerleader you will make every attempt to ignore or dissuade negative responses at events and not become involved in such actions themselves. Parents are expected to do the same as an example to your children.
- 9. FUNDRAISERS:** We will have fundraisers. The signup fee of \$250.00 does not even begin to cover the cost of even our uniforms (\$369.00 per girl) let alone the insurance, pictures and league fees. At this time we are planning;
- **Scratcher card & Raffle:** Explanation will accompany the cards at sign ups. For each card completed and turned in by June 15th the cheerleader will receive a free pair of *cheer shoes* these will all be ordered at the same time, we are looking at the NIKE sideline or elite.
 - **Jamboree Days:** Parade and booth TBA
 - **Car Wash:** August 16th (Sunday) Everyone expected to participate
 - **Christmas Boutique:** TBA
 - **Magic Kids Clothing:** This is an ongoing no brainer, visit the website; www.magickidsusa.com purchase name brand clothing for infants through big girl and big boy sizes at discounted prices. Use coupon code MK53854-NP-001 when ordering and 10% will be sent to our league for cheer. Pass this on to as many people you know with children.
 - **League Raffle:** each child signed up will pay \$25.00 for raffle tickets which can be sold or kept. Everyday in September there will be a ticket drawn with great prizes anywhere from cash to gift certificates. Again this will be given to you at sign ups.

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This page to be signed and turned in at signups after reading previous pages.

Subjects covered

1. **MANDATORY GAME TRAVEL**
2. **MADITORY PRACTICE SCHEDULE**
3. **ATTENDANCE**
4. **PAYMENT & REFUND POLICY**
5. **REQUIRED DRESS FOR PRACTICE AND GAMES**
6. **PERSONAL GROOMING FOR PRACTICE AND GAMES**
7. **PERSONAL BEHAVIOR**
8. **TEAM SPIRIT AND SUPPORT**
9. **FUNDRAISERS**

Explanations for all areas listed on the previous pages, which are for you to keep to refer back to.

I have read, and discussed this with my child and we agree to follow and abide by these responsibilities and commitments and consider this a valid commitment. ***Please sign and date this before filling out your contract - application.***

Parent (*Signature*)

Parent (*Print*)

Date

Cheerleader (*Signature*)

Cheerleader (*Print*)

Date

